

## SUMMER ISSUE 2023

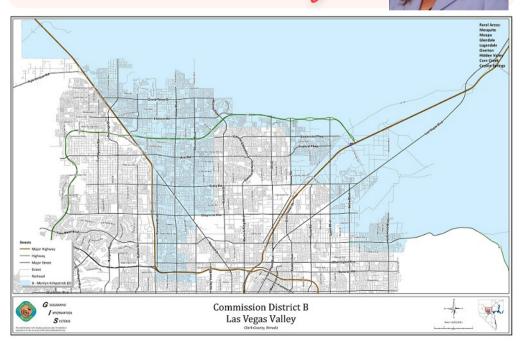
## DISTRICT B NEWSLETTER

To my Friends & Neighbors,

Thank you so much for taking the time to read our newsletter. We are hopeful that there is useful information as well as a snap shot of what we are doing in the district. If there are things that you would like in the newsletter please let us know. Please reach out to our office if we can be of assistance.

Have a safe and happy summer.





## Community Highlights

Coffee with a Cop Neighborhood Block Party Sun City Aliante Senior Center Lunch and Learn

## Upcoming Community events

Special Needs Pool Party
- July 14th

Back-to-School Pool Party
- August 5th

## Community Highlights

It is always a pleasure to partner with our friends at Metro. Metro hosted a Coffee With a Cop with the seniors in the area. We were able to answer questions regarding traffic, police safety, suggestions, and so much more. Please reach out to Jaclyn Archambault for more information.

J17420A@LVMPD.COM

Cora Coleman Senior Center
Wednesday, April 12, 2023
10:00AM-11:00AM
RSVP (702) 375-0765 by April 11, 2023

### **UPCOMING**





### Sun City Aliante Senior Center Lunch and Learn

At our recent Lunch and Learn at the Sun City Aliante Senior Center, we invited special guests Lorena Portillo and staff from the office of Clark County Registrar of Voters. Mrs. Portillo gave the seniors an update on early voting, election day voting, mail-in ballots and the process of what's to be expected during the elections. And we want to give a special thank you to the Blind Center for bringing out lunch and desserts for the seniors.

If you are interested in working the polls during election time please call 702-455-2815 or go to Elections on the Clark County website: clarkcountynv.gov



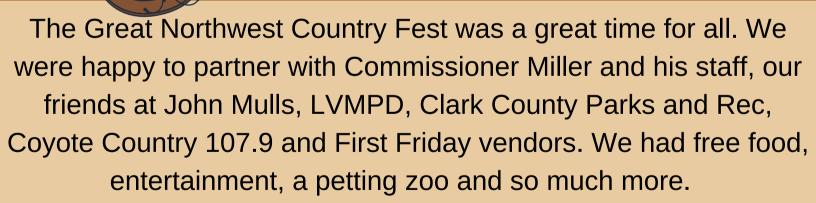


# 2nd Annual Great Northwest Country Fest









Come join us next year!





## SAVE THE DATE JULY 14TH

## SAVE THE DATE AUGUST 5TH



### Camp Alamo

## UNIVERSITY OF NEVADA, RENO EXTENSION COLLABORATES WITH LINCOLN AND CLARK COUNTIES TO PROVIDE YOUTH PROGRAMS AT FACILITY IN ALAMO

1536 Alamo W. Rd, Alamo, NV 89001

This is a fun camp for kids to play, socialize, and participate in many hand-on educational activities. Recently we had a team camp with 30 kids going on geology walks, identifying different types of rocks, seeing scorpions, enjoying camp bond fires, smores, and doing fun activities such as art, sport games, water sports, tug of war, archery, boat building, pizza making, movie time, fashion show, t-shirt tie-dye, a talent show, karaoke, and board games. Please, if you are interested in joining us at camp Alamo visit: https://extension.unr.edu/4h/join-4h.aspx















Recently commissioner Kirkpatrick had facilitated a camp improvement day. Improvements such as clearing the trails, and making the camp more handicap accessible. She also had bought the camp first aid kits and new sports equipment such as new volleyballs and other balls for other sports and new board games.

"Our youth in Southern Nevada need more opportunities to get out and enjoy the outdoors and learn," said Clark County Commissioner Marilyn Kirkpatrick, one of the driving forces behind the project. "The camp is a game changer for so many in this valley. Nothing is better than taking our youth out of their neighborhood and showing them all that is available."

Currently there are two open positions for camp educators which are available to apply for on UNR's website: https://extension.unr.edu/4h/camp.aspx

### **EDC Tree Giveaway!**

Thank you Electric Daisy Carnival (EDC) and Insomniac Events! Again this year, the organizers of the Electric Daisy Carnival at the Las Vegas Motor Speedway are donating an estimated \$200,000 in plants and trees that were on-site at the event. This is the third year for the donation - the total donation is now well over \$500,000. We offered free trees to local business, residents, and organizations. This is an ongoing effort to not only beautify the community but help some of the areas in our community that are heat islands and suffer from lack of greenery. We had well over 200 trucks and cars pick up trees this year. We look forward to doing it again next year.









## Summer's Here Temperatures are Rising!

IT'S TIME TO GET REAL, NEVER WATER ON SUNDAY!



- Start summer with only 4 sprinkler days a week
- Run sprinklers for grass 12 minutes a day max

### For more information visit SNWA.com



## DON'T RISKIT!

Getting caught using illegal fireworks could result in big fines.



The use of illegal fireworks in local neighborhoods over the July 4th holiday poses serious public safety risks. Illegal fireworks cause fires, injuries and air pollution, and are a source of thousands of noise and nuisance complaints from seniors, pet owners and people suffering from post-traumatic stress. Offenders caught using illegal fireworks in Clark County face a minimum \$500 fine. Fines of up to \$10,000 can be imposed for large amounts of illegal fireworks found within our community.



ONLY FIREWORKS LABELED

"Safe & Sane"
Are Allowed & Only
June 28 – July 4
WHEN LOCAL NONPROFIT
GROUPS MAY SELL THEM
AS FUNDRAISERS.

Fireworks purchased outside Clark County and Las Vegas are likely to be illegal.



Please DON'T Call 9-1-1 to report illegal fireworks complaints.

KEEP 9-1-1 FREE FOR LIFE-THREATENING EMERGENCIES.

Instead, report illegal fireworks online at:



Information is used to collect data & plan future law enforcement action. You may call 3-1-1, the police non-emergency number, to report illegal fireworks but be patient on busy nights like July 4th.











We hosted our annual Cinco De Mayo
Celebration at Bob Price Park. This is
the official Cinco De Mayo Celebration
of Clark County. A special thank you to
our partners the South Point Casino for
the delicious food, Miram LiraHickerson, the City of Puebla, Center
Ring Boxing and Northeast Area
Command. We had lots of free live
entertainment, free ice cream, free
food, and several resource vendors.
Come join us next year!



### REGIONAL YOUNGE WOMENS LEADERSHIP EXPO

Our 2nd Annual Regional Young Women's Leadership Expo was lots of fun! The DJ, fashion show, breakout rooms, mentors, and the amazing variety of food was absolutely amazing! We're grateful to our keynote speaker Dr. Lucille O'Neal for having joined us! The theme of the event was "Walk with Purpose" in addition to last year's themes "The Sky's the Limit" and with HEART (Humility, Enthusiasm, Attitude, Respect, and Trust), all girls can be who they want to be in life. Organizers have made the Women's Leadership Conference an annual event.

"This is an opportunity for young women in our community to know they have options if they work hard and set their sights on the future," said Commissioner Kirkpatrick, who spearheaded the event. "Girls need to know they can accomplish their dreams. Our participants will get to hear from some amazing women in our valley who have great stories to tell about what they did to have happy, successful lives."













Commissioner Kirkpatrick District B honored Ayden, Madisyn, Tristan, and Allisyn;

Ayden Queano is a 9th grade student at Bishop Gorman High School. He Plays drums and snare for the jazz band, marching band, drumline, and concert band.

Madisyn Queano is a 9th grade student at Bishop Gorman High School. She plays bass and guitar for the concert band and pep band.

Tristan Queano is a 7th grade student at Our Lady of Las Vegas Catholic School and plays golf, track, cross country, chess, and volleyball. He plays the trumpet for the school band and is a member of the National Junior Honor Society.

Allisyn Queano is a 6th grade student at Our Lady of Las Vegas Catholic School and plays golf, cross country, and track. She plays the saxophone for the school band.

Ayden, Madisyn, Tristan, and Allisyn were honored for there amazing contribution to our community with 1,000's of volunteer hours.

# District B Celebrating May "Military Appreciation Month"

Clark County, Commissioner Kirkpatrick and Wayne Newton joined members from the USO Nevada, Nellis Air Force Base, Creech Air Force Base in changing the Welcome sign lights to red, white, and blue in honor of "Military Appreciation Month" on May 8, 2023. We should take time all year to honor service members.

Thanking them for their service!













The 1 October Memorial Design Team Exhibit.

I encourage you to check these out in person or learn more on this link: <a href="https://www.ClarkCountyNV.gov/10ctoberMemorial">www.ClarkCountyNV.gov/10ctoberMemorial</a>



To report illegal dumping in Clark County you can call (702) 759-0600 or use the online Solid Waste/Illegal Dumping Complaint Form.



For more information about mosquito surveillance, visit www.snhd.info/mosquito-control.

To report a green pool, people should contact their local code enforcement agency.

### SANFORD CENTER FOR AGING

### **DIABETES PREVENTION PROGRAM**

**FREE SESSIONS BEGIN MONDAY, JUNE 19** 

### YOU **CAN** PREVENT TYPE 2 DIABETES

### What is prediabetes?

Blood sugar (glucose) level is higher than normal, but not high enough to be diagnosed as diabetic. Nearly 90 percent of those who have it don't know they have it.

### Who is the workshop for?

- · Over 18 years of age
- Meets prediabetic conditions
- BMI of more than 25

### Is prediabetes risky?

Those who have prediabetes combined with poor weight management and/or minimal physical activity **could develop type 2 diabetes within five years.** 

### Our lifestyle coaches will help you...

- · Develop healthy eating habits
- Manage stress
- Increase your physical activity
- Make sustainable behavior change
- Gain peer support as you work toward goals

### **Schedule & Location**

Sessions will be on Mondays beginning June 19, 2023 from 1 to 2 p.m.

This will be offered virtually via Zoom and a Zoom link will be sent to you after registration.

To register, scan the QR Code or click the link:

https://tinyurl.com/sca-dpp-June2023









### Questions? Call (775) 235-8862 or email wellness.sca@unr.edu

essions meet weekly for 5 months, followed by bi-weekly sessions for the remainder of the year. Workshops hosted by the Sanford Center for Aging and the Division of Endocrinology, Clinical Nutrition and Metabolism at the University of Newada, Reno School of Medicine.

Sponsored by Nevada Wellness with support from the Centers for Disease Control and Prevention. unding provided through the Dept. of Health & Human Services Nevada Div. of Public & Behavioral Health (DPBH). by Grant # INUSEDPO6358-01-00 from the Centers for Disease Control and Prevention.



Southern Nevada

### Rebuilding Together Southern Nevada Fall Prevention Program

According to the CDC every second of the day an older adult falls. This is approximately 36 million falls per year. Of those older adults that fall, approximately 8 million are injured. These falls lead to about 3 million ER visits, over 950,000 hospitalizations and over 32,000 deaths each year'.

In 2020, approximately 30% of Nevada's older adults had a fall and were taken to the hospital as a result<sup>2</sup>.

Another study of older adults discharged from the hospital after a fall related injury found that the second-leading cause of readmission within 30 days was another fall related injury<sup>3</sup>.

### How The Program Works

At no cost to you, we have you and your home evaluated by an Occupational Therapist to identify areas in your home that lead to your fall or may contribute to future falls. The Occupational Therapist will provide us with the needed modifications and we will have a vetted, licensed contractor complete the modifications. Nine to twelve months after the home modifications are completed, an Occupational Therapist will visit you and re-evaluate you.

This program is for low-income persons 65 and older who have fallen in their home within the past year

Our desire is to reduce the hospital readmission rate for fall related injuries among older adults in Southern Nevada.

### How Is This Service Provided At No Cost?

This program is funded by a grant from the State of Nevada that is specifically earmarked for this program.

### Who We Are

Rebuilding Together Southern Nevada is a local non-profit organization. We have been providing critical home repairs for low-income seniors, veterans, and disabled individuals for over 29 years. During this time, we have provided these repairs on over 9,000 homes.

### Next Steps

To see if you are eligible and to apply for this program, please call us at 702-259-4900.

1. CDC. Building Clinical Strategies to STEADI Your Older Patients. Slide 6. Available from URL: https://www.cdc.gov/steadi/outpatient

care.html.

2. CDC. Older Adult Fall Prevention. [Online]. [cited 2023 4/27]. Available from URL: https://www.cdc.gov/falls/data/falls-by-state.html.

3. Hoffman G, Halyin L, Alexander, N, et al. Posthospital Fall Injuries and 30-day Readmissions in Adults 65 Year and Older. JAMA Netv Open. 2019;2(5):e194276. doi:10.1001/jamanetworkopen.2019.4276.





YOU CAN ALSO REACH US AT CCDISTB@CLARKCOUNTYNV.GOV

or report issues to us at www.ClarkCountyNV.gov/FixIt

